

HEALTHY HERALD

Great Support for 20th Anniversary

The Daly City Youth Health Center celebrated our 20th Anniversary on April 29. The evening was a huge success as more than 160 people gathered at the Harding Park Golf Club for an evening of reflection and celebration. A highlight of the event featured the presentation of the “Carol Forest Service Award” to Michael Crilly (Superintendent of JUHSD) for his dedication and support to the Health Center and the community. In addition, there was a silent and live auction that featured over 70 items. The event raised over \$25,600 which will benefit our teen-focused programs including our primary care clinic, mental health counseling services, health education, outreach, and school-to-career transition services.



From left to right: Kimberly Gillette (DCYHC Director), Carol Forest (DCYHC Founder), and Michael J. Crilly (honoree and JUHSD Superintendent)

Director’s Thoughts

One of my favorite work activities is gathering success stories from Health Center staff members. We have a tradition of celebrating our successes at the last staff meeting of every school year. Each team member shares a story of a client or group they worked with.

A great story from this year is about “Selma” who was awarded one of the year-end Pathways Scholarships. Selma is physically disabled and was active in our Pathways programs: Career Discovery Group, weekly career training meetings, and Service Learning and Mentoring Project. In her Pathways Scholarship essay, Selma describes how three Pathways staff prepared her for the future. “Katrina Evasco has been in my life for two years, and has been very helpful... With her help, I have learned to write resumes; get information for jobs and/or possible careers; and also how to deal with all types of harassment. Bernadette Frias and Elaine Bautista ... showed me that I can be successful, regardless of my physical disabilities. Overall, **with the skills that I’ve learned from Pathways services, I feel I am on my way to having a rich, happy and successful life.**” Selma plans to use the much deserved scholarship to make her home more wheelchair accessible.

Newsletter Spotlight

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Terra Nova Repeats as Sex Ed Olympic Champions



Sex Ed Squad Members creatively demonstrate their knowledge of birth-control methods.

Sex Ed Squad Members provide formal peer education in the classroom and are available for their peers to ask questions outside of class. This year, 57 students from 5 high schools completed the Health Center Sex Ed Squad program. They successfully passed our rigorous application process, attended Sex Ed Bootcamp (an all-day training) and weekly squad meetings, and participated in the Sex Ed Olympics. This year’s Sex Ed Olympics tested the knowledge of each school’s Sex Ed Squad in games such as the Condom Relay, the Anatomy Race, and Birth Control Forms. Terra Nova High School won the Sex Ed Olympics for the second time in a row, and the trophy will be displayed in a case at school.

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